

University of Pretoria Yearbook 2017

Applied nutrition 252 (EXE 252)

Qualification Undergraduate

Faculty [Faculty of Humanities](#)

Module credits 8.00

Service modules Faculty of Humanities

Prerequisites EXE 152

Contact time 3 lectures per week

Language of tuition Afrikaans and English is used in one class

Academic organisation Sport and Leisure Studies

Period of presentation Quarter 2

Module content

*Service module offered by the Department of Human Nutrition for Biokinetics, Sport and Leisure Sciences.

*Closed – requires departmental selection.

Food environment, nutrition during growth, nutrition and physical fitness, nutrition and stress management.

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